

2024年度 水泳資格級表

男子 8歳以下	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	30.95	1:07.84	2:26.59	5:11.25	10:46.77	20:43.56	35.08	1:15.98	2:45.18	39.48	1:25.52	3:02.26	33.35	1:14.39	2:44.08	1:14.41	2:42.84	5:44.59
	14	32.18	1:10.45	2:32.04	5:24.08	11:14.57	21:33.70	36.44	1:18.88	2:51.45	40.83	1:28.66	3:09.27	34.61	1:17.59	2:50.92	1:17.30	2:48.89	5:57.62
	13	33.40	1:13.07	2:37.50	5:36.91	11:42.37	22:23.84	37.80	1:21.79	2:57.72	42.18	1:31.81	3:16.27	35.88	1:20.79	2:57.76	1:20.19	2:54.94	6:10.66
	12	34.63	1:15.68	2:42.95	5:49.74	12:10.16	23:13.98	39.15	1:24.69	3:03.99	43.53	1:34.96	3:23.28	37.14	1:23.99	3:04.60	1:23.09	3:00.99	6:23.69
A	11	35.85	1:18.30	2:48.40	6:02.56	12:37.96	24:04.12	40.51	1:27.59	3:10.26	44.88	1:38.11	3:30.29	38.40	1:27.20	3:11.44	1:25.98	3:07.03	6:36.73
	10	37.33	1:21.58	2:55.55	6:17.30	13:09.16	25:02.04	42.12	1:30.98	3:17.49	46.71	1:41.96	3:38.46	40.01	1:30.51	3:18.66	1:29.78	3:15.11	6:53.83
	9	38.80	1:24.87	3:02.70	6:32.03	13:40.36	25:59.96	43.73	1:34.36	3:24.72	48.53	1:45.80	3:46.62	41.62	1:33.81	3:25.88	1:33.58	3:23.18	7:10.93
	8	40.71	1:28.15	3:09.85	6:46.76	14:11.56	26:57.88	45.34	1:37.74	3:31.96	50.36	1:49.65	3:54.79	43.23	1:37.12	3:33.10	1:37.38	3:31.25	7:28.04
	7	42.62	1:32.11	3:18.70	7:03.40	14:46.17	28:03.58	47.19	1:41.61	3:40.15	52.66	1:54.20	4:04.12	45.19	1:40.54	3:40.70	1:42.09	3:41.34	7:49.21
B	6	44.09	1:36.06	3:27.54	7:20.03	15:20.78	29:09.29	49.05	1:45.47	3:48.34	54.96	1:58.75	4:13.45	47.14	1:43.95	3:48.29	1:46.79	3:51.43	8:10.38
	5	45.57	1:39.35	3:34.69	7:34.76	15:51.98	30:07.21	50.66	1:48.86	3:55.57	56.79	2:02.60	4:21.62	48.75	1:47.26	3:55.51	1:50.59	3:59.51	8:27.48
	4	47.04	1:42.63	3:41.84	7:49.49	16:23.18	31:05.13	52.27	1:52.24	4:02.80	58.61	2:06.45	4:29.79	50.36	1:50.57	4:02.73	1:54.39	4:07.58	8:44.58
	3	48.56	1:45.92	3:48.99	8:04.23	16:54.39	32:03.05	53.87	1:55.62	4:10.03	1:00.44	2:10.29	4:37.95	51.97	1:53.87	4:09.95	1:58.19	4:15.65	9:01.68
	2	50.07	1:49.20	3:56.14	8:18.96	17:25.59	33:00.97	55.48	1:59.01	4:17.26	1:02.26	2:14.14	4:46.12	53.58	1:57.18	4:17.17	2:01.99	4:23.72	9:18.79
1	51.59	1:52.49	4:03.29	8:33.69	17:56.79	33:58.89	57.09	2:02.39	4:24.49	1:04.09	2:17.99	4:54.29	55.19	2:00.49	4:24.39	2:05.79	4:31.79	9:35.89	

男子 9歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	29.14	1:03.86	2:18.03	4:53.06	10:08.96	19:30.86	33.10	1:11.69	2:35.85	36.53	1:19.13	2:48.65	31.25	1:09.71	2:33.75	1:10.19	2:33.61	5:25.06
	14	29.59	1:04.86	2:20.17	4:57.61	10:18.42	19:49.04	33.59	1:12.76	2:38.18	37.27	1:20.73	2:52.06	31.78	1:10.88	2:36.33	1:11.24	2:35.92	5:29.94
	13	30.04	1:05.85	2:22.31	5:02.16	10:27.87	20:07.21	34.09	1:13.83	2:40.51	38.01	1:22.32	2:55.46	32.30	1:12.05	2:38.91	1:12.30	2:38.23	5:34.83
	12	30.50	1:06.85	2:24.45	5:06.70	10:37.32	20:25.39	34.58	1:14.91	2:42.85	38.74	1:23.92	2:58.86	32.83	1:13.22	2:41.49	1:13.35	2:40.53	5:39.71
	11	30.95	1:07.84	2:26.59	5:11.25	10:46.77	20:43.56	35.08	1:15.98	2:45.18	39.48	1:25.52	3:02.26	33.35	1:14.39	2:44.08	1:14.41	2:42.84	5:44.59
A	10	32.58	1:11.33	2:33.86	5:28.36	11:23.83	21:50.41	36.89	1:19.85	2:53.54	41.28	1:29.71	3:11.60	35.03	1:18.66	2:53.20	1:18.26	2:50.90	6:01.97
	9	34.22	1:14.81	2:41.13	5:45.46	12:00.90	22:57.27	38.70	1:23.72	3:01.90	43.08	1:33.91	3:20.95	36.72	1:22.93	3:02.32	1:22.12	2:58.97	6:19.35
	8	35.85	1:18.30	2:48.40	6:02.56	12:37.96	24:04.12	40.51	1:27.59	3:10.26	44.88	1:38.11	3:30.29	38.40	1:27.20	3:11.44	1:25.98	3:07.03	6:36.73
	7	37.49	1:21.78	2:55.67	6:19.67	13:15.02	25:10.97	42.32	1:31.46	3:18.62	46.68	1:42.31	3:39.63	40.09	1:31.47	3:20.56	1:29.84	3:15.10	6:54.11
	6	39.12	1:25.27	3:02.94	6:36.77	13:52.08	26:17.83	44.14	1:35.34	3:26.99	48.49	1:46.50	3:48.97	41.77	1:35.74	3:29.68	1:33.70	3:23.16	7:11.49
B	5	40.75	1:28.75	3:10.21	6:53.88	14:29.14	27:24.68	45.95	1:39.21	3:35.35	50.29	1:50.70	3:58.32	43.45	1:40.01	3:38.80	1:37.56	3:31.23	7:28.87
	4	42.39	1:32.24	3:17.48	7:10.98	15:06.20	28:31.53	47.76	1:43.08	3:43.71	52.09	1:54.90	4:07.66	45.14	1:44.28	3:47.93	1:41.41	3:39.29	7:46.25
	3	44.02	1:35.72	3:24.75	7:28.08	15:43.27	29:38.38	49.57	1:46.95	3:52.07	53.89	1:59.10	4:17.00	46.82	1:48.55	3:57.05	1:45.27	3:47.36	8:03.63
	2	45.66	1:39.21	3:32.02	7:45.19	16:20.33	30:45.24	51.38	1:50.82	4:00.43	55.69	2:03.29	4:26.35	48.51	1:52.82	4:06.17	1:49.13	3:55.42	8:21.01
	1	47.29	1:42.69	3:39.29	8:02.29	16:57.39	31:52.09	53.19	1:54.69	4:08.79	57.49	2:07.49	4:35.69	50.19	1:57.09	4:15.29	1:52.99	4:03.49	8:38.39

男子 10歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	27.19	59.55	2:08.82	4:33.48	9:28.26	18:12.60	30.84	1:06.80	2:25.23	33.75	1:13.11	2:35.81	29.04	1:04.76	2:22.85	1:05.61	2:23.60	5:03.87
	14	27.84	1:00.99	2:11.89	4:40.01	9:41.83	18:38.69	31.59	1:08.43	2:28.77	34.68	1:15.12	2:40.09	29.77	1:06.41	2:26.48	1:07.14	2:26.94	5:10.93
	13	28.49	1:02.43	2:14.96	4:46.54	9:55.40	19:04.78	32.35	1:10.06	2:32.31	35.61	1:17.12	2:44.37	30.51	1:08.06	2:30.12	1:08.66	2:30.27	5:18.00
	12	29.14	1:03.86	2:18.03	4:53.06	10:08.96	19:30.86	33.10	1:11.69	2:35.85	36.53	1:19.13	2:48.65	31.25	1:09.71	2:33.75	1:10.19	2:33.61	5:25.06
	11	29.79	1:05.30	2:21.10	4:59.59	10:22.53	19:56.95	33.85	1:13.32	2:39.39	37.46	1:21.14	2:52.93	31.99	1:11.35	2:37.38	1:11.71	2:36.95	5:32.13
A	10	31.18	1:08.29	2:27.57	5:13.07	10:51.33	20:49.65	35.29	1:16.33	2:45.81	39.13	1:24.69	3:00.53	33.46	1:14.41	2:44.00	1:15.18	2:44.24	5:47.61
	9	32.57	1:11.28	2:34.04	5:26.55	11:20.12	21:42.34	36.74	1:19.35	2:52.23	40.81	1:28.25	3:08.13	34.93	1:17.46	2:50.61	1:18.65	2:51.54	6:03.10
	8	33.96	1:14.27	2:40.51	5:40.03	11:48.92	22:35.03	38.18	1:22.37	2:58.65	42.48	1:31.80	3:15.72	36.40	1:20.51	2:57.22	1:22.12	2:58.83	6:18.59
	7	35.35	1:17.25	2:46.97	5:53.51	12:17.72	23:27.73	39.63	1:25.39	3:05.07	44.15	1:35.36	3:23.32	37.87	1:23.57	3:03.83	1:25.58	3:06.13	6:34.07
	6	36.74	1:20.24	2:53.44	6:06.99	12:46.51	24:20.42	41.07	1:28.40	3:11.49	45.83	1:38.91	3:30.91	39.34	1:26.62	3:10.44	1:29.05	3:13.42	6:49.56
B	5	38.13	1:23.23	2:59.91	6:20.47	13:15.31	25:13.12	42.51	1:31.42	3:17.91	47.50	1:42.47	3:38.51	40.81	1:29.67	3:17.05	1:32.52	3:20.71	7:05.04
	4	39.52	1:26.22	3:06.38	6:33.95	13:44.10	26:05.81	43.96	1:34.44	3:24.33	49.17	1:46.02	3:46.10	42.28	1:32.73	3:23.66	1:35.99	3:28.01	7:20.53
	3	40.91	1:29.21	3:12.85	6:47.43	14:12.90	26:58.50	45.40	1:37.46	3:30.75	50.84	1:49.58	3:53.70	43.75	1:35.78	3:30.27	1:39.45	3:35.30	7:36.02
	2	42.30	1:32.20	3:19.32	7:00.91	14:41.69	27:51.20	46.85	1:40.47	3:37.17	52.52	1:53.13	4:01.29	45.22	1:38.84	3:36.88	1:42.92	3:42.60	7:51.50
	1	43.69	1:35.19	3:25.79	7:14.39	15:10.49	28:43.89	48.29	1:43.49	3:43.59	54.19	1:56.69	4:08.89	46.69	1:41.89	3:43.49	1:46.39	3:49.89	8:06.99

男子 11歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー		
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
AA	15	25.45	55.60	2:00.68	4:16.12	8:52.												

2024年度 水泳資格級表

男子 13歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	23.69	51.72	1:52.37	3:58.14	8:14.29	15:50.38	26.27	56.86	2:03.87	29.33	1:03.03	2:15.83	25.31	55.68	2:02.62	57.08	2:04.93	4:25.14
	14	24.05	52.49	1:53.95	4:01.61	8:21.63	16:04.50	26.72	57.83	2:05.84	29.78	1:03.97	2:17.44	25.70	56.52	2:04.53	57.91	2:06.74	4:28.71
	13	24.41	53.25	1:55.53	4:05.07	8:28.98	16:18.62	27.17	58.79	2:07.82	30.22	1:04.91	2:19.05	26.08	57.36	2:06.44	58.74	2:08.54	4:32.28
	12	24.78	54.02	1:57.11	4:08.54	8:36.32	16:32.74	27.62	59.76	2:09.79	30.67	1:05.85	2:20.65	26.47	58.21	2:08.35	59.56	2:10.35	4:35.85
	11	25.14	54.78	1:58.69	4:12.01	8:43.67	16:46.87	28.07	1:00.73	2:11.76	31.12	1:06.79	2:22.26	26.86	59.05	2:10.26	1:00.39	2:12.16	4:39.42
A	10	26.21	57.15	2:03.85	4:22.99	9:06.40	17:29.55	29.22	1:03.19	2:17.11	32.43	1:09.68	2:28.50	28.01	1:01.47	2:15.64	1:03.09	2:17.89	4:51.89
	9	27.29	59.52	2:09.01	4:33.97	9:29.13	18:12.23	30.37	1:05.64	2:22.47	33.75	1:12.57	2:34.75	29.15	1:03.90	2:21.03	1:05.79	2:23.63	5:04.35
	8	28.36	1:01.89	2:14.17	4:44.94	9:51.86	18:54.91	31.53	1:08.10	2:27.82	35.07	1:15.46	2:40.99	30.29	1:06.32	2:26.41	1:08.49	2:29.36	5:16.82
	7	29.44	1:04.26	2:19.33	4:55.92	10:14.60	19:37.60	32.68	1:10.55	2:33.17	36.39	1:18.35	2:47.23	31.43	1:08.75	2:31.79	1:11.19	2:35.09	5:29.29
	6	30.51	1:06.64	2:24.49	5:06.90	10:37.33	20:20.28	33.83	1:13.01	2:38.52	37.70	1:21.24	2:53.47	32.58	1:11.17	2:37.17	1:13.89	2:40.82	5:41.76
B	5	31.59	1:09.01	2:29.65	5:17.88	11:00.06	21:02.96	34.98	1:15.47	2:43.88	39.02	1:24.13	2:59.72	33.72	1:13.59	2:42.56	1:16.59	2:46.56	5:54.22
	4	32.67	1:11.38	2:34.81	5:28.86	11:22.79	21:45.64	36.13	1:17.92	2:49.23	40.34	1:27.02	3:05.96	34.86	1:16.02	2:47.94	1:19.29	2:52.29	6:06.69
	3	33.74	1:13.75	2:39.97	5:39.83	11:45.53	22:28.33	37.29	1:20.38	2:54.58	41.66	1:29.91	3:12.20	36.00	1:18.44	2:53.32	1:21.99	2:58.02	6:19.16
	2	34.82	1:16.12	2:45.13	5:50.81	12:08.26	23:11.01	38.44	1:22.83	2:59.94	42.97	1:32.80	3:18.45	37.15	1:20.87	2:58.71	1:24.69	3:03.76	6:31.62
	1	35.89	1:18.49	2:50.29	6:01.79	12:30.99	23:53.69	39.59	1:25.29	3:05.29	44.29	1:35.69	3:24.69	38.29	1:23.29	3:04.09	1:27.39	3:09.49	6:44.09

男子 14歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	22.87	50.04	1:49.39	3:51.79	8:00.56	15:23.97	25.31	54.78	1:59.56	28.34	1:00.99	2:11.57	24.41	53.75	1:58.51	55.32	2:01.08	4:16.97
	14	23.28	50.88	1:50.88	3:54.97	8:07.42	15:37.18	25.79	55.82	2:01.72	28.84	1:02.01	2:13.70	24.86	54.71	2:00.56	56.20	2:03.00	4:21.05
	13	23.69	51.72	1:52.37	3:58.14	8:14.29	15:50.38	26.27	56.86	2:03.87	29.33	1:03.03	2:15.83	25.31	55.68	2:02.62	57.08	2:04.93	4:25.14
	12	24.09	52.56	1:53.87	4:01.31	8:21.16	16:03.58	26.76	57.89	2:06.03	29.83	1:04.06	2:17.97	25.76	56.64	2:04.67	57.96	2:06.85	4:29.22
	11	24.50	53.40	1:55.36	4:04.48	8:28.02	16:16.78	27.24	58.93	2:08.18	30.32	1:05.08	2:20.10	26.20	57.60	2:06.73	58.84	2:08.78	4:33.31
A	10	25.48	55.55	2:00.07	4:14.57	8:48.91	16:55.95	28.29	1:01.18	2:13.05	31.51	1:07.71	2:25.63	27.24	59.79	2:11.63	1:01.31	2:13.99	4:44.55
	9	26.46	57.70	2:04.79	4:24.66	9:09.80	17:35.12	29.35	1:03.42	2:17.92	32.69	1:10.34	2:31.16	28.28	1:01.98	2:16.52	1:03.77	2:19.20	4:55.79
	8	27.44	59.85	2:09.50	4:34.75	9:30.68	18:14.29	30.40	1:05.67	2:22.79	33.88	1:12.97	2:36.69	29.32	1:04.17	2:21.42	1:06.24	2:24.41	5:07.02
	7	28.42	1:02.00	2:14.21	4:44.84	9:51.57	18:53.46	31.46	1:07.91	2:27.66	35.07	1:15.60	2:42.22	30.36	1:06.36	2:26.31	1:08.70	2:29.62	5:18.26
	6	29.39	1:04.15	2:18.92	4:54.93	10:12.46	19:32.64	32.51	1:10.16	2:32.54	36.26	1:18.24	2:47.75	31.40	1:08.54	2:31.21	1:11.17	2:34.83	5:29.50
B	5	30.37	1:06.29	2:23.64	5:05.03	10:33.34	20:11.81	33.57	1:12.41	2:37.41	37.44	1:20.87	2:53.27	32.44	1:10.73	2:36.11	1:13.63	2:40.05	5:40.74
	4	31.35	1:08.44	2:28.35	5:15.12	10:54.23	20:50.98	34.62	1:14.65	2:42.28	38.63	1:23.50	2:58.80	33.47	1:12.92	2:41.00	1:16.10	2:45.26	5:51.98
	3	32.33	1:10.59	2:33.06	5:25.21	11:15.12	21:30.15	35.68	1:16.90	2:47.15	39.82	1:26.13	3:04.33	34.51	1:15.11	2:45.90	1:18.56	2:50.47	6:03.21
	2	33.31	1:12.74	2:37.78	5:35.30	11:36.00	22:09.32	36.73	1:19.14	2:52.02	41.00	1:28.76	3:09.86	35.55	1:17.30	2:50.79	1:21.03	2:55.68	6:14.45
	1	34.29	1:14.89	2:42.49	5:45.39	11:56.89	22:48.49	37.79	1:21.39	2:56.89	42.19	1:31.39	3:15.39	36.59	1:19.49	2:55.69	1:23.49	3:00.89	6:25.69

男子 15~16歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	22.22	48.75	1:46.80	3:47.38	7:50.28	15:04.21	24.58	53.23	1:56.39	27.48	59.28	2:08.41	23.67	52.22	1:55.37	54.05	1:58.29	4:11.47
	14	22.55	49.39	1:48.09	3:49.59	7:55.42	15:14.09	24.95	54.01	1:57.98	27.91	1:00.14	2:09.99	24.04	52.99	1:56.94	54.69	1:59.68	4:14.22
	13	22.87	50.04	1:49.39	3:51.79	8:00.56	15:23.97	25.31	54.78	1:59.56	28.34	1:00.99	2:11.57	24.41	53.75	1:58.51	55.32	2:01.08	4:16.97
	12	23.20	50.68	1:50.68	3:54.00	8:05.70	15:33.86	25.68	55.56	2:01.15	28.77	1:01.84	2:13.15	24.78	54.52	2:00.08	55.96	2:02.47	4:19.72
	11	23.52	51.33	1:51.98	3:56.21	8:10.84	15:43.74	26.04	56.34	2:02.74	29.21	1:02.69	2:14.73	25.15	55.28	2:01.65	56.60	2:03.87	4:22.47
A	10	24.50	53.47	1:56.55	4:06.11	8:31.33	16:22.19	27.11	58.61	2:07.63	30.39	1:05.29	2:20.22	26.18	57.47	2:06.54	59.04	2:09.04	4:33.66
	9	25.47	55.60	2:01.12	4:16.01	8:51.83	17:00.65	28.17	1:00.87	2:12.53	31.56	1:07.89	2:25.70	27.22	59.66	2:11.44	1:01.48	2:14.21	4:44.85
	8	26.45	57.74	2:05.69	4:25.90	9:12.32	17:39.10	29.24	1:03.14	2:17.42	32.74	1:10.49	2:31.19	28.25	1:01.85	2:16.33	1:03.92	2:19.39	4:56.05
	7	27.43	59.87	2:10.26	4:35.80	9:32.82	18:17.56	30.30	1:05.40	2:22.32	33.92	1:13.09	2:36.67	29.29	1:04.04	2:21.23	1:06.36	2:24.56	5:07.24
	6	28.41	1:02.01	2:14.83	4:45.70	9:53.31	18:56.02	31.37	1:07.67	2:27.21	35.10	1:15.69	2:42.16	30.32	1:06.24	2:26.12	1:08.79	2:29.73	5:18.43
B	5	29.38	1:04.15	2:19.41	4:55.60	10:13.81	19:34.47	32.43	1:09.93	2:32.11	36.28	1:18.29	2:47.65	31.35	1:08.43	2:31.01	1:11.23	2:34.90	5:29.62
	4	30.36	1:06.28	2:23.98	5:05.50	10:34.30	20:12.93	33.50	1:12.20	2:37.01	37.46	1:20.89	2:53.13	32.39	1:10.62	2:35.91	1:13.67	2:40.07	5:40.81
	3	31.34	1:08.42	2:28.55	5:15.39	10:54.80	20:51.38	34.56	1:14.46	2:41.90	38.63	1:23.49	2:58.62	33.42	1:12.81	2:40.80	1:16.11	2:45.25	5:52.01
	2	32.31	1:10.55	2:33.12	5:25.29	11:15.29	21:29.84	35.63	1:16.73	2:46.80	39.81	1:26.09	3:04.10	34.46	1:15.00	2:45.70	1:18.55	2:50.42	6:03.20
	1	33.29	1:12.69	2:37.69	5:35.19	11:35.79	22:08.29	36.69	1:18.99	2:51.69	40.99	1:28.69	3:09.59	35.49	1:17.19	2:50.59	1:20.99	2:55.59	6:14.39

男子 17~18歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	21.44	47.18	1:43.72	3:41.90	7:39.09	14:42.69	23.61	51.16	1:51.74	26.40	57.29	2:04.17	22.75	50.41	1:51.53	52.18	1:54.19	4:03.95

2024年度 水泳資格級表

女子 8歳以下	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	31.20	1:08.30	2:26.42	5:07.41	10:32.30	20:07.44	35.57	1:17.36	2:46.56	40.14	1:26.89	3:05.29	33.48	1:14.42	2:43.41	1:16.52	2:44.61	5:46.16
	14	32.41	1:10.88	2:31.89	5:20.53	11:01.18	21:00.29	36.89	1:20.16	2:52.72	41.44	1:29.93	3:12.07	34.73	1:17.62	2:50.30	1:19.26	2:50.53	5:59.08
	13	33.61	1:13.46	2:37.35	5:33.64	11:30.06	21:53.14	38.21	1:22.96	2:58.89	42.74	1:32.98	3:18.85	35.99	1:20.82	2:57.20	1:21.99	2:56.44	6:12.00
	12	34.82	1:16.04	2:42.82	5:46.76	11:58.95	22:45.99	39.53	1:25.76	3:05.06	44.04	1:36.02	3:25.63	37.24	1:24.02	3:04.09	1:24.73	3:02.36	6:24.91
	11	36.03	1:18.62	2:48.28	5:59.87	12:27.83	23:38.84	40.86	1:28.56	3:11.23	45.35	1:39.07	3:32.41	38.49	1:27.22	3:10.98	1:27.46	3:08.27	6:37.83
A	10	37.53	1:21.87	2:55.44	6:14.88	13:00.05	24:39.32	42.43	1:31.85	3:18.36	47.12	1:42.82	3:40.36	40.09	1:30.52	3:18.24	1:31.11	3:16.22	6:54.82
	9	39.02	1:25.12	3:02.61	6:29.88	13:32.28	25:39.79	44.00	1:35.13	3:25.49	48.90	1:46.57	3:48.32	41.69	1:33.83	3:25.51	1:34.76	3:24.17	7:11.81
	8	40.52	1:28.37	3:09.77	6:44.89	14:04.51	26:40.27	45.58	1:38.42	3:32.63	50.68	1:50.32	3:56.27	43.29	1:37.14	3:32.78	1:38.41	3:32.11	7:28.80
	7	42.31	1:32.30	3:18.62	7:01.78	14:40.08	27:48.38	47.40	1:42.19	3:40.72	52.94	1:54.78	4:05.40	45.24	1:40.55	3:40.42	1:42.98	3:42.09	7:49.87
	6	44.10	1:36.23	3:27.48	7:18.67	15:15.65	28:56.49	49.22	1:45.96	3:48.82	55.20	1:59.23	4:14.52	47.19	1:43.96	3:48.06	1:42.54	3:52.06	8:10.93
B	5	45.60	1:39.48	3:34.64	7:33.67	15:47.88	29:56.97	50.80	1:49.25	3:55.96	56.97	2:02.99	4:22.48	48.79	1:47.27	3:55.33	1:51.19	4:00.01	8:27.93
	4	47.10	1:42.73	3:41.81	7:48.68	16:20.11	30:57.45	52.37	1:52.53	4:03.09	58.75	2:06.74	4:30.43	50.39	1:50.57	4:02.59	1:54.84	4:07.95	8:44.92
	3	48.59	1:45.98	3:48.97	8:03.68	16:52.34	31:57.93	53.94	1:55.82	4:10.22	1:00.53	2:10.49	4:38.38	51.99	1:53.88	4:09.86	1:58.49	4:15.90	9:01.91
	2	50.09	1:49.24	3:56.13	8:18.69	17:24.56	32:58.41	55.52	1:59.10	4:17.36	1:02.31	2:14.24	4:46.34	53.59	1:57.18	4:17.12	2:02.14	4:23.84	9:18.90
	1	51.59	1:52.49	4:03.29	8:33.69	17:56.79	33:58.89	57.09	2:02.39	4:24.49	1:04.09	2:17.99	4:54.29	55.19	2:00.49	4:24.39	2:05.79	4:31.79	9:35.89

女子 9歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	29.40	1:04.34	2:18.11	4:50.36	9:57.22	19:00.46	33.09	1:11.97	2:34.93	37.12	1:20.35	2:51.35	31.46	1:09.92	2:33.54	1:12.11	2:35.13	5:26.23
	14	29.85	1:05.33	2:20.19	4:54.62	10:05.99	19:17.21	33.71	1:13.32	2:37.84	37.88	1:21.99	2:54.84	31.96	1:11.04	2:36.01	1:13.22	2:37.50	5:31.21
	13	30.30	1:06.32	2:22.27	4:58.88	10:14.76	19:33.95	34.33	1:14.67	2:40.74	38.63	1:23.62	2:58.32	32.47	1:12.17	2:38.48	1:14.32	2:39.87	5:36.20
	12	30.75	1:07.31	2:24.34	5:03.15	10:23.53	19:50.70	34.95	1:16.01	2:43.65	39.39	1:25.25	3:01.81	32.97	1:13.29	2:40.95	1:15.42	2:42.24	5:41.18
	11	31.20	1:08.30	2:26.42	5:07.41	10:32.30	20:07.44	35.57	1:17.36	2:46.56	40.14	1:26.89	3:05.29	33.48	1:14.42	2:43.41	1:16.52	2:44.61	5:46.16
A	10	32.81	1:11.74	2:33.71	5:24.90	11:10.81	21:17.91	37.33	1:21.10	2:54.78	41.87	1:30.95	3:14.33	35.15	1:18.68	2:52.60	1:20.17	2:52.50	6:03.39
	9	34.42	1:15.18	2:41.00	5:42.39	11:49.32	22:28.37	39.09	1:24.83	3:03.00	43.61	1:35.01	3:23.37	36.82	1:22.95	3:01.79	1:23.82	3:00.39	6:20.61
	8	36.03	1:18.62	2:48.28	5:59.87	12:27.83	23:38.84	40.86	1:28.56	3:11.23	45.35	1:39.07	3:32.41	38.49	1:27.22	3:10.98	1:27.46	3:08.27	6:37.83
	7	37.64	1:22.05	2:55.57	6:17.36	13:06.34	24:49.30	42.62	1:32.29	3:19.45	47.08	1:43.13	3:41.45	40.16	1:31.49	3:20.16	1:31.11	3:16.16	6:55.05
	6	39.24	1:25.49	3:02.86	6:34.85	13:44.84	25:59.77	44.38	1:36.03	3:27.67	48.82	1:47.19	3:50.49	41.84	1:35.75	3:29.35	1:34.76	3:24.05	7:12.28
B	5	40.85	1:28.93	3:10.14	6:52.34	14:23.35	27:10.23	46.14	1:39.76	3:35.90	50.55	1:51.25	3:59.53	43.51	1:40.02	3:38.54	1:38.40	3:31.94	7:29.50
	4	42.46	1:32.37	3:17.43	7:09.83	15:01.86	28:20.70	47.90	1:43.49	3:44.12	52.28	1:55.31	4:08.57	45.18	1:44.29	3:47.73	1:42.05	3:39.83	7:46.72
	3	44.07	1:35.81	3:24.72	7:27.31	15:40.37	29:31.16	49.67	1:47.22	3:52.34	54.02	1:59.37	4:17.61	46.85	1:48.56	3:56.91	1:45.70	3:47.71	8:03.94
	2	45.68	1:39.25	3:32.00	7:44.80	16:18.88	30:41.63	51.43	1:50.96	4:00.57	55.76	2:03.43	4:26.65	48.52	1:52.82	4:06.10	1:49.34	3:55.60	8:21.17
	1	47.29	1:42.69	3:39.29	8:02.29	16:57.39	31:52.09	53.19	1:54.69	4:08.79	57.49	2:07.49	4:35.69	50.19	1:57.09	4:15.29	1:52.99	4:03.49	8:38.39

女子 10歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	27.92	1:01.02	2:11.48	4:37.62	9:31.03	18:10.45	31.04	1:07.42	2:25.15	34.75	1:15.22	2:40.41	29.74	1:06.04	2:25.03	1:07.94	2:26.16	5:07.40
	14	28.41	1:02.13	2:13.69	4:41.87	9:39.76	18:27.12	31.72	1:08.94	2:28.41	35.54	1:16.93	2:44.06	30.31	1:07.34	2:27.87	1:09.33	2:29.15	5:13.68
	13	28.91	1:03.23	2:15.90	4:46.11	9:48.49	18:43.79	32.41	1:10.45	2:31.67	36.33	1:18.64	2:47.70	30.89	1:08.63	2:30.71	1:10.72	2:32.14	5:19.95
	12	29.40	1:04.34	2:18.11	4:50.36	9:57.22	19:00.46	33.09	1:11.97	2:34.93	37.12	1:20.35	2:51.35	31.46	1:09.92	2:33.54	1:12.11	2:35.13	5:26.23
	11	29.90	1:05.45	2:20.32	4:54.60	10:05.95	19:17.13	33.77	1:13.48	2:38.20	37.91	1:22.06	2:55.00	32.03	1:11.21	2:36.38	1:13.50	2:38.12	5:32.50
A	10	31.28	1:08.43	2:26.87	5:08.58	10:36.41	20:13.81	35.22	1:16.48	2:44.73	39.54	1:25.53	3:02.39	33.50	1:14.28	2:43.09	1:16.79	2:45.30	5:47.95
	9	32.66	1:11.40	2:33.41	5:22.56	11:06.61	21:10.48	36.67	1:19.48	2:51.27	41.17	1:28.99	3:09.78	34.96	1:17.35	2:49.80	1:20.08	2:52.47	6:03.40
	8	34.04	1:14.37	2:39.96	5:36.54	11:37.31	22:07.16	38.13	1:22.48	2:57.81	42.79	1:32.45	3:17.17	36.43	1:20.42	2:56.51	1:23.37	2:59.65	6:18.85
	7	35.42	1:17.35	2:46.51	5:50.52	12:07.77	23:03.84	39.58	1:25.48	3:04.35	44.42	1:35.91	3:24.56	37.89	1:23.48	3:03.22	1:26.66	3:06.83	6:34.30
	6	36.79	1:20.32	2:53.06	6:04.50	12:38.22	24:00.51	41.03	1:28.49	3:10.89	46.05	1:39.38	3:31.95	39.36	1:26.55	3:09.93	1:29.95	3:14.01	6:49.75
B	5	38.17	1:23.29	2:59.60	6:18.47	13:08.68	24:57.19	42.48	1:31.49	3:17.43	47.68	1:42.84	3:39.33	40.83	1:29.62	3:16.65	1:33.24	3:21.18	7:05.19
	4	39.55	1:26.27	3:06.15	6:32.45	13:39.13	25:53.86	43.93	1:34.49	3:23.97	49.31	1:46.30	3:46.72	42.29	1:32.69	3:23.36	1:36.52	3:28.36	7:20.64
	3	40.93	1:29.24	3:12.70	6:46.43	14:09.58	26:50.54	45.39	1:37.49	3:30.51	50.93	1:49.76	3:54.11	43.76	1:35.75	3:30.07	1:39.81	3:35.54	7:36.09
	2	42.31	1:32.22	3:19.24	7:00.41	14:40.04	27:47.21	46.84	1:40.49	3:37.05	52.56	1:53.23	4:01.50	45.22	1:38.82	3:36.78	1:43.10	3:42.71	7:51.54
	1	43.69	1:35.19	3:25.79	7:14.39	15:10.49	28:43.89	48.29	1:43.49	3:43.59	54.19	1:56.69	4:08.89	46.69	1:41.89	3:43.49	1:46.39	3:49.89	8:06.99

女子 11歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー		
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
AA	15	26.44	57.50	2:04.12	4:21.26													

2024年度 水泳資格級表

女子 13歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	25.69	55.74	2:00.32	4:13.14	8:40.65	16:34.23	28.17	1:00.80	2:10.86	31.80	1:08.87	2:26.99	27.07	59.87	2:11.33	1:02.32	2:14.06	4:42.30
	14	26.01	56.49	2:01.87	4:16.13	8:46.81	16:46.00	28.58	1:01.76	2:12.97	32.19	1:09.78	2:28.81	27.47	1:00.75	2:13.41	1:03.17	2:15.89	4:46.05
	13	26.34	57.24	2:03.41	4:19.13	8:52.97	16:57.76	28.99	1:02.73	2:15.08	32.58	1:10.69	2:30.62	27.86	1:01.64	2:15.50	1:04.02	2:17.72	4:49.80
	12	26.66	57.98	2:04.95	4:22.12	8:59.13	17:09.53	29.40	1:03.69	2:17.19	32.97	1:11.60	2:32.43	28.25	1:02.52	2:17.58	1:04.87	2:19.55	4:53.55
	11	26.99	58.73	2:06.49	4:25.11	9:05.29	17:21.30	29.81	1:04.65	2:19.30	33.36	1:12.51	2:34.24	28.65	1:03.40	2:19.66	1:05.72	2:21.38	4:57.30
A	10	28.12	1:01.17	2:11.74	4:36.14	9:27.69	18:04.89	31.07	1:07.22	2:24.80	34.81	1:15.51	2:40.60	29.87	1:06.04	2:25.23	1:08.48	2:27.31	5:09.82
	9	29.25	1:03.60	2:16.99	4:47.17	9:50.09	18:48.48	32.33	1:09.80	2:30.30	36.25	1:18.51	2:46.95	31.09	1:08.68	2:30.81	1:11.24	2:33.24	5:22.34
	8	30.38	1:06.04	2:22.24	4:58.19	10:12.49	19:32.07	33.58	1:12.37	2:35.80	37.69	1:21.50	2:53.31	32.32	1:11.32	2:36.38	1:13.99	2:39.17	5:34.86
	7	31.51	1:08.47	2:27.49	5:09.22	10:34.89	20:15.65	34.84	1:14.95	2:41.30	39.13	1:24.50	2:59.66	33.54	1:13.96	2:41.95	1:16.75	2:45.10	5:47.38
	6	32.64	1:10.91	2:32.74	5:20.25	10:57.29	20:59.24	36.10	1:17.52	2:46.79	40.58	1:27.50	3:06.02	34.77	1:16.59	2:47.52	1:19.51	2:51.03	5:59.89
B	5	33.77	1:13.35	2:37.99	5:31.28	11:19.69	21:42.83	37.36	1:20.09	2:52.29	42.02	1:30.50	3:12.37	35.99	1:19.23	2:53.10	1:22.26	2:56.97	6:12.41
	4	34.90	1:15.78	2:43.24	5:42.31	11:42.09	22:26.42	38.62	1:22.67	2:57.79	43.46	1:33.50	3:18.72	37.22	1:21.87	2:58.67	1:25.02	3:02.90	6:24.93
	3	36.03	1:18.22	2:48.49	5:53.33	12:04.49	23:10.01	39.87	1:25.24	3:03.29	44.90	1:36.49	3:25.08	38.44	1:24.51	3:04.24	1:27.78	3:08.83	6:37.45
	2	37.16	1:20.65	2:53.74	6:04.36	12:26.89	23:53.60	41.13	1:27.82	3:08.79	46.35	1:39.49	3:31.44	39.67	1:27.15	3:09.82	1:30.53	3:14.76	6:49.97
	1	38.29	1:23.09	2:58.99	6:15.39	12:49.29	24:37.19	42.39	1:30.39	3:14.29	47.79	1:42.49	3:37.79	40.89	1:29.79	3:15.39	1:33.29	3:20.69	7:02.49

女子 14歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	25.28	54.90	1:58.63	4:09.84	8:33.85	16:21.25	27.74	59.77	2:08.82	31.34	1:07.79	2:24.85	26.65	58.92	2:09.42	1:01.42	2:12.12	4:38.42
	14	25.69	55.74	2:00.32	4:13.14	8:40.65	16:34.23	28.17	1:00.80	2:10.86	31.80	1:08.87	2:26.99	27.07	59.87	2:11.33	1:02.32	2:14.06	4:42.30
	13	26.09	56.59	2:02.02	4:16.44	8:47.44	16:47.21	28.60	1:01.84	2:12.90	32.25	1:09.94	2:29.14	27.50	1:00.83	2:13.24	1:03.22	2:16.00	4:46.19
	12	26.50	57.44	2:03.71	4:19.74	8:54.24	17:00.19	29.03	1:02.87	2:14.95	32.71	1:11.02	2:31.28	27.92	1:01.78	2:15.16	1:04.13	2:17.95	4:50.07
	11	26.91	58.29	2:05.40	4:23.04	9:01.04	17:13.17	29.47	1:03.90	2:16.99	33.17	1:12.09	2:33.42	28.35	1:02.74	2:17.07	1:05.03	2:19.89	4:53.95
A	10	27.91	1:00.47	2:10.12	4:32.92	9:21.07	17:52.22	30.61	1:06.22	2:22.02	34.46	1:14.76	2:39.08	29.45	1:05.12	2:22.20	1:07.52	2:25.24	5:05.27
	9	28.91	1:02.65	2:14.84	4:42.79	9:41.11	18:31.27	31.75	1:08.54	2:27.05	35.75	1:17.43	2:44.73	30.56	1:07.49	2:27.33	1:10.00	2:30.59	5:16.60
	8	29.90	1:04.83	2:19.56	4:52.67	10:01.14	19:10.32	32.89	1:10.86	2:32.08	37.05	1:20.10	2:50.39	31.66	1:09.87	2:32.47	1:12.49	2:35.94	5:27.92
	7	30.90	1:07.01	2:24.28	5:02.54	10:21.18	19:49.38	34.04	1:13.18	2:37.11	38.34	1:22.77	2:56.05	32.76	1:12.24	2:37.60	1:14.97	2:41.29	5:39.25
	6	31.90	1:09.19	2:29.00	5:12.41	10:41.21	20:28.43	35.18	1:15.49	2:42.14	39.63	1:25.44	3:01.70	33.87	1:14.62	2:42.73	1:17.46	2:46.64	5:50.57
B	5	32.90	1:11.37	2:33.71	5:22.29	11:01.25	21:07.48	36.32	1:17.81	2:47.17	40.92	1:28.11	3:07.36	34.97	1:16.99	2:47.86	1:19.95	2:51.99	6:01.89
	4	33.90	1:13.55	2:38.43	5:32.16	11:21.28	21:46.53	37.46	1:20.13	2:52.20	42.21	1:30.78	3:13.02	36.08	1:19.37	2:52.99	1:22.43	2:57.34	6:13.22
	3	34.89	1:15.73	2:43.15	5:42.04	11:41.32	22:25.59	38.61	1:22.45	2:57.23	43.51	1:33.45	3:18.68	37.18	1:21.74	2:58.13	1:24.92	3:02.69	6:24.54
	2	35.89	1:17.91	2:47.87	5:51.92	12:01.35	23:04.64	39.75	1:24.77	3:02.26	44.80	1:36.12	3:24.33	38.29	1:24.12	3:03.26	1:27.40	3:08.64	6:35.87
	1	36.89	1:20.09	2:52.59	6:01.79	12:21.39	23:43.69	40.89	1:27.09	3:07.29	46.09	1:38.79	3:29.99	39.39	1:26.49	3:08.39	1:29.89	3:13.39	6:47.19

女子 15~16歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	24.89	54.10	1:57.17	4:07.13	8:28.34	16:10.73	27.37	58.83	2:07.08	30.91	1:06.76	2:22.84	26.24	57.98	2:07.70	1:00.54	2:10.24	4:34.84
	14	25.28	54.90	1:58.63	4:09.84	8:33.85	16:21.25	27.74	59.77	2:08.82	31.34	1:07.79	2:24.85	26.65	58.92	2:09.42	1:01.42	2:12.12	4:38.42
	13	25.67	55.69	2:00.09	4:12.55	8:39.36	16:31.77	28.11	1:00.71	2:10.56	31.77	1:08.83	2:26.86	27.06	59.85	2:11.14	1:02.29	2:13.99	4:42.01
	12	26.05	56.48	2:01.55	4:15.27	8:44.87	16:42.29	28.48	1:01.64	2:12.30	32.19	1:09.86	2:28.88	27.47	1:00.78	2:12.86	1:03.16	2:15.87	4:45.59
	11	26.44	57.27	2:03.01	4:17.98	8:50.38	16:52.82	28.86	1:02.58	2:14.04	32.62	1:10.89	2:30.89	27.88	1:01.71	2:14.58	1:04.03	2:17.74	4:49.17
A	10	27.44	59.44	2:07.72	4:27.84	9:10.42	17:31.87	30.00	1:04.91	2:19.09	33.90	1:13.54	2:36.50	28.98	1:04.07	2:19.69	1:06.49	2:23.03	5:00.39
	9	28.43	1:01.61	2:12.43	4:37.70	9:30.46	18:10.93	31.14	1:07.24	2:24.15	35.19	1:16.19	2:42.11	30.08	1:06.43	2:24.80	1:08.94	2:28.33	5:11.61
	8	29.43	1:03.79	2:17.13	4:47.56	9:50.50	18:49.99	32.29	1:09.57	2:29.20	36.48	1:18.84	2:47.72	31.18	1:08.78	2:29.91	1:11.40	2:33.62	5:22.84
	7	30.42	1:05.96	2:21.84	4:57.42	10:10.54	19:29.05	33.43	1:11.90	2:34.26	37.77	1:21.49	2:53.33	32.29	1:11.14	2:35.02	1:13.85	2:38.92	5:34.06
	6	31.42	1:08.13	2:26.55	5:07.29	10:30.58	20:08.10	34.57	1:14.23	2:39.31	39.05	1:24.14	2:58.94	33.39	1:13.50	2:40.14	1:16.31	2:44.22	5:45.28
B	5	32.41	1:10.30	2:31.26	5:17.15	10:50.63	20:47.16	35.72	1:16.57	2:44.37	40.34	1:26.79	3:04.55	34.49	1:15.86	2:45.25	1:18.77	2:49.51	5:56.50
	4	33.40	1:12.47	2:35.97	5:27.01	11:10.67	21:26.22	36.86	1:18.90	2:49.43	41.63	1:29.44	3:10.16	35.59	1:18.22	2:50.36	1:21.22	2:54.81	6:07.72
	3	34.40	1:14.65	2:40.67	5:36.87	11:30.71	22:05.28	38.00	1:21.23	2:54.48	42.92	1:32.09	3:15.77	36.69	1:20.57	2:55.47	1:23.68	3:00.10	6:18.95
	2	35.39	1:16.82	2:45.38	5:46.73	11:50.75	22:44.33	39.15	1:23.56	2:59.53	44.20	1:34.74	3:21.38	37.79	1:22.93	3:00.58	1:26.13	3:05.40	6:30.17
	1	36.39	1:18.99	2:50.09	5:56.59	12:10.79	23:23.39	40.29	1:25.89	3:04.59	45.49	1:37.39	3:26.99	38.89	1:25.29	3:05.69	1:28.59	3:10.69	6:41.39

女子 17~18歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー		
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
AA	15	24.43	53.07	1:55.35	4:03.68	8:21.77	15:58.19	26.91	57.66	2:04.76								