

2022年度 水泳資格級表

男子 8歳以下	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	30.95	1:07.36	2:25.54	5:09.08	10:46.57	20:34.87	35.08	1:15.95	2:45.14	39.48	1:25.19	3:01.57	33.35	1:14.35	2:42.95	1:14.41	2:42.84	5:44.55
	14	32.18	1:10.01	2:31.07	5:22.07	11:14.38	21:25.66	36.44	1:18.86	2:51.41	40.83	1:28.37	3:08.63	34.61	1:17.55	2:49.87	1:17.31	2:48.89	5:57.58
	13	33.40	1:12.66	2:36.61	5:35.06	11:42.19	22:16.45	37.80	1:21.76	2:57.69	42.18	1:31.54	3:15.68	35.88	1:20.76	2:56.80	1:20.20	2:54.94	6:10.62
	12	34.63	1:15.31	2:42.14	5:48.05	12:10.00	23:07.24	39.15	1:24.67	3:03.96	43.53	1:34.71	3:22.74	37.14	1:23.96	3:03.72	1:23.09	3:00.99	6:23.66
	11	35.85	1:17.96	2:47.67	6:01.04	12:37.81	23:58.03	40.51	1:27.57	3:10.23	44.88	1:37.88	3:29.80	38.40	1:27.17	3:10.65	1:25.99	3:07.03	6:36.70
A	10	37.33	1:21.28	2:54.89	6:15.93	13:09.03	24:56.57	42.12	1:30.96	3:17.47	46.71	1:41.75	3:38.02	40.01	1:30.48	3:17.95	1:29.79	3:15.13	6:53.81
	9	38.80	1:24.59	3:02.11	6:30.81	13:40.25	25:55.11	43.73	1:34.35	3:24.70	48.53	1:45.62	3:46.24	41.62	1:33.79	3:25.25	1:33.58	3:23.18	7:10.91
	8	40.71	1:27.91	3:09.34	6:45.70	14:11.46	26:53.64	45.34	1:37.73	3:31.94	50.36	1:49.50	3:54.45	43.23	1:37.10	3:32.55	1:37.38	3:31.25	7:28.02
	7	42.62	1:31.90	3:18.26	7:02.48	14:46.09	27:59.92	47.19	1:41.60	3:40.13	52.66	1:54.07	4:03.83	45.19	1:40.52	3:40.22	1:42.09	3:41.34	7:49.19
	6	44.09	1:35.89	3:27.17	7:19.26	15:20.71	29:06.21	49.05	1:45.46	3:48.32	54.96	1:58.63	4:13.20	47.14	1:43.93	3:47.89	1:46.79	3:51.43	8:10.36
B	5	45.57	1:39.21	3:34.40	7:34.15	15:51.92	30:04.74	50.66	1:48.85	3:55.56	56.79	2:02.51	4:21.42	48.75	1:47.25	3:55.19	1:50.59	3:59.51	8:27.47
	4	47.04	1:42.53	3:41.62	7:49.03	16:23.14	31:03.28	52.27	1:52.23	4:02.79	58.61	2:06.38	4:29.64	50.36	1:50.56	4:02.49	1:54.39	4:07.58	8:44.57
	3	48.56	1:45.85	3:48.84	8:03.92	16:54.36	32:01.82	53.87	1:55.62	4:10.02	1:00.44	2:10.25	4:37.86	51.97	1:53.87	4:09.79	1:58.19	4:15.65	9:01.68
	2	50.07	1:49.17	3:56.07	8:18.80	17:25.57	33:00.35	55.48	1:59.00	4:17.26	1:02.26	2:14.12	4:46.07	53.58	1:57.18	4:17.09	2:01.99	4:23.72	9:18.78
	1	51.59	1:52.49	4:03.29	8:33.69	17:56.79	33:58.89	57.09	2:02.39	4:24.49	1:04.09	2:17.99	4:54.29	55.19	2:00.49	4:24.39	2:05.79	4:31.79	9:35.89

男子 9歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	29.18	1:03.51	2:17.27	4:51.50	10:09.79	19:24.63	33.11	1:11.68	2:35.85	36.57	1:18.90	2:48.16	31.29	1:09.76	2:32.89	1:10.20	2:33.61	5:25.02
	14	29.62	1:04.47	2:19.34	4:55.89	10:18.99	19:42.19	33.60	1:12.75	2:38.17	37.29	1:20.48	2:51.51	31.81	1:10.90	2:35.41	1:11.25	2:35.92	5:29.90
	13	30.07	1:05.43	2:21.41	5:00.29	10:28.18	19:59.75	34.09	1:13.82	2:40.49	38.02	1:22.05	2:54.86	32.32	1:12.05	2:37.92	1:12.31	2:38.23	5:34.78
	12	30.51	1:06.39	2:23.48	5:04.68	10:37.37	20:17.31	34.59	1:14.89	2:42.82	38.75	1:23.62	2:58.21	32.84	1:13.20	2:40.43	1:13.36	2:40.53	5:39.67
	11	30.95	1:07.36	2:25.54	5:09.08	10:46.57	20:34.87	35.08	1:15.95	2:45.14	39.48	1:25.19	3:01.57	33.35	1:14.35	2:42.95	1:14.41	2:42.84	5:44.55
A	10	32.58	1:10.89	2:32.92	5:26.40	11:23.65	21:42.59	36.89	1:19.83	2:53.50	41.28	1:29.42	3:10.98	35.03	1:18.62	2:52.18	1:18.27	2:50.90	6:01.93
	9	34.22	1:14.42	2:40.29	5:43.72	12:00.73	22:50.31	38.70	1:23.70	3:01.87	43.08	1:33.65	3:20.39	36.72	1:22.89	3:01.42	1:22.13	2:58.97	6:19.32
	8	35.85	1:17.96	2:47.67	6:01.04	12:37.81	23:58.03	40.51	1:27.57	3:10.23	44.88	1:37.88	3:29.80	38.40	1:27.17	3:10.65	1:25.99	3:07.03	6:36.70
	7	37.49	1:21.49	2:55.04	6:18.36	13:14.90	25:05.76	42.32	1:31.45	3:18.60	46.68	1:42.11	3:39.22	40.09	1:31.44	3:19.88	1:29.84	3:15.10	6:54.08
	6	39.12	1:25.02	3:02.42	6:35.68	13:51.98	26:13.48	44.14	1:35.32	3:26.96	48.49	1:46.34	3:48.63	41.77	1:35.72	3:29.12	1:33.70	3:23.16	7:11.47
B	5	40.75	1:28.56	3:09.79	6:53.00	14:29.06	27:21.20	45.95	1:39.20	3:35.33	50.29	1:50.57	3:58.04	43.45	1:39.99	3:38.35	1:37.56	3:31.23	7:28.85
	4	42.39	1:32.09	3:17.17	7:10.33	15:06.14	28:28.92	47.76	1:43.07	3:43.69	52.09	1:54.80	4:07.45	45.14	1:44.27	3:47.59	1:41.42	3:39.29	7:46.24
	3	44.02	1:35.62	3:24.54	7:27.65	15:43.23	29:36.65	49.57	1:46.94	3:52.06	53.89	1:59.03	4:16.87	46.82	1:48.54	3:56.82	1:45.27	3:47.36	8:03.62
	2	45.66	1:39.16	3:31.92	7:44.97	16:20.31	30:44.37	51.38	1:50.82	4:00.42	55.69	2:03.26	4:26.28	48.51	1:52.82	4:06.06	1:49.13	3:55.42	8:21.01
	1	47.29	1:42.69	3:39.29	8:02.29	16:57.39	31:52.09	53.19	1:54.69	4:08.79	57.49	2:07.49	4:35.69	50.19	1:57.09	4:15.29	1:52.99	4:03.49	8:38.39

男子 10歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	27.35	59.56	2:08.82	4:33.53	9:32.17	18:12.77	30.88	1:06.85	2:25.35	33.88	1:13.11	2:35.82	29.20	1:05.09	2:22.66	1:05.62	2:23.60	5:03.84
	14	27.96	1:00.88	2:11.64	4:39.52	9:44.71	18:36.73	31.62	1:08.46	2:28.85	34.78	1:15.04	2:39.93	29.90	1:06.64	2:26.07	1:07.15	2:26.94	5:10.90
	13	28.57	1:02.19	2:14.46	4:45.51	9:57.25	19:00.68	32.36	1:10.07	2:32.35	35.67	1:16.97	2:44.05	30.59	1:08.20	2:29.48	1:08.67	2:30.28	5:17.96
	12	29.18	1:03.51	2:17.27	4:51.50	10:09.79	19:24.63	33.11	1:11.68	2:35.85	36.57	1:18.90	2:48.16	31.29	1:09.76	2:32.89	1:10.20	2:33.61	5:25.02
	11	29.79	1:04.83	2:20.09	4:57.49	10:22.33	19:48.58	33.85	1:13.29	2:39.35	37.46	1:20.83	2:52.28	31.99	1:11.31	2:36.30	1:11.72	2:36.95	5:32.08
A	10	31.18	1:07.87	2:26.66	5:11.18	10:51.15	20:42.11	35.29	1:16.31	2:45.77	39.13	1:24.42	2:59.94	33.46	1:14.37	2:43.02	1:15.19	2:44.24	5:47.57
	9	32.57	1:10.90	2:33.23	5:24.87	11:19.96	21:35.64	36.74	1:19.33	2:52.20	40.81	1:28.01	3:07.60	34.93	1:17.43	2:49.74	1:18.66	2:51.54	6:03.07
	8	33.96	1:13.94	2:39.80	5:38.56	11:48.78	22:29.18	38.18	1:22.35	2:58.62	42.48	1:31.59	3:15.26	36.40	1:20.49	2:56.46	1:22.12	2:58.83	6:18.56
	7	35.35	1:16.97	2:46.37	5:52.25	12:17.60	23:22.71	39.63	1:25.37	3:05.05	44.15	1:35.18	3:22.92	37.87	1:23.54	3:03.18	1:25.59	3:06.13	6:34.05
	6	36.74	1:20.01	2:52.94	6:05.94	12:46.41	24:16.24	41.07	1:28.39	3:11.47	45.83	1:38.76	3:30.58	39.34	1:26.60	3:09.90	1:29.06	3:13.42	6:49.54
B	5	38.13	1:23.05	2:59.51	6:19.63	13:15.23	25:09.77	42.51	1:31.41	3:17.89	47.50	1:42.35	3:38.24	40.81	1:29.66	3:16.62	1:32.52	3:20.71	7:05.03
	4	39.52	1:26.08	3:06.08	6:33.32	13:44.04	26:03.30	43.96	1:34.43	3:24.32	49.17	1:45.93	3:45.91	42.28	1:32.72	3:23.33	1:35.99	3:28.01	7:20.52
	3	40.91	1:29.12	3:12.65	6:47.01	14:12.86	26:56.83	45.40	1:37.45	3:30.74	50.84	1:49.52	3:53.57	43.75	1:35.77	3:30.05	1:39.46	3:35.30	7:36.01
	2	42.30	1:32.15	3:19.22	7:00.70	14:41.67	27:50.36	46.85	1:40.47	3:37.17	52.52	1:53.10	4:01.23	45.22	1:38.83	3:36.77	1:42.92	3:42.60	7:51.50
	1	43.69	1:35.19	3:25.79	7:14.39	15:10.49	28:43.89	48.29	1:43.49	3:43.59	54.19	1:56.69	4:08.89	46.69	1:41.89	3:43.49	1:46.39	3:49.89	8:06.99

男子 11歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー		
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
AA	15	25.49	55.62	2:00.70	4:16.16	8:55.												

2022年度 水泳資格級表

男子 13歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	23.74	51.81	1:52.46	3:58.15	8:17.69	15:50.53	26.34	56.86	2:03.90	29.20	1:03.09	2:15.86	25.31	55.68	2:02.71	57.12	2:05.00	4:25.14
	14	24.12	52.55	1:54.02	4:01.62	8:25.09	16:04.66	26.79	57.83	2:05.86	29.63	1:04.01	2:17.46	25.75	56.62	2:04.60	57.94	2:06.79	4:28.71
	13	24.51	53.30	1:55.58	4:05.10	8:32.48	16:18.78	27.24	58.79	2:07.83	30.06	1:04.94	2:19.06	26.18	57.57	2:06.49	58.76	2:08.58	4:32.28
	12	24.89	54.04	1:57.13	4:08.57	8:39.88	16:32.90	27.70	59.76	2:09.79	30.49	1:05.86	2:20.66	26.61	58.51	2:08.37	59.58	2:10.37	4:35.85
	11	25.27	54.78	1:58.69	4:12.05	8:47.27	16:47.03	28.15	1:00.73	2:11.76	30.92	1:06.79	2:22.26	27.05	59.45	2:10.26	1:00.39	2:12.16	4:39.42
A	10	26.33	57.15	2:03.85	4:23.02	9:09.64	17:29.69	29.29	1:03.19	2:17.11	32.25	1:09.68	2:28.50	28.17	1:01.83	2:15.64	1:03.09	2:17.89	4:51.89
	9	27.39	59.52	2:09.01	4:34.00	9:32.02	18:12.36	30.44	1:05.64	2:22.47	33.59	1:12.57	2:34.75	29.29	1:04.22	2:21.03	1:05.79	2:23.63	5:04.35
	8	28.46	1:01.89	2:14.17	4:44.97	9:54.39	18:55.03	31.58	1:08.10	2:27.82	34.93	1:15.46	2:40.99	30.42	1:06.60	2:26.41	1:08.49	2:29.36	5:16.82
	7	29.52	1:04.26	2:19.33	4:55.95	10:16.76	19:37.69	32.72	1:10.55	2:33.17	36.27	1:18.35	2:47.23	31.54	1:08.99	2:31.79	1:11.19	2:35.09	5:29.29
	6	30.58	1:06.64	2:24.49	5:06.92	10:39.13	20:20.36	33.87	1:13.01	2:38.52	37.60	1:21.24	2:53.47	32.67	1:11.37	2:37.17	1:13.89	2:40.82	5:41.76
B	5	31.64	1:09.01	2:29.65	5:17.89	11:01.50	21:03.02	35.01	1:15.47	2:43.88	38.94	1:24.13	2:59.72	33.79	1:13.75	2:42.56	1:16.59	2:46.56	5:54.22
	4	32.70	1:11.38	2:34.81	5:28.87	11:23.87	21:45.69	36.16	1:17.92	2:49.23	40.28	1:27.02	3:05.96	34.92	1:16.14	2:47.94	1:19.29	2:52.29	6:06.69
	3	33.77	1:13.75	2:39.97	5:39.84	11:46.25	22:28.36	37.30	1:20.38	2:54.58	41.62	1:29.91	3:12.20	36.04	1:18.52	2:53.32	1:21.99	2:58.02	6:19.16
	2	34.83	1:16.12	2:45.13	5:50.82	12:08.62	23:11.02	38.45	1:22.83	2:59.94	42.95	1:32.80	3:18.45	37.17	1:20.91	2:58.71	1:24.69	3:03.76	6:31.62
	1	35.89	1:18.49	2:50.29	6:01.79	12:30.99	23:53.69	39.59	1:25.29	3:05.29	44.29	1:35.69	3:24.69	38.29	1:23.29	3:04.09	1:27.39	3:09.49	6:44.09

男子 14歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	22.98	50.22	1:49.57	3:51.81	8:03.95	15:24.28	25.37	54.78	1:59.62	28.28	1:01.10	2:11.63	24.42	53.76	1:58.69	55.39	2:01.21	4:16.97
	14	23.36	51.02	1:51.02	3:54.98	8:10.82	15:37.41	25.86	55.82	2:01.76	28.74	1:02.09	2:13.75	24.87	54.72	2:00.70	56.26	2:03.11	4:21.05
	13	23.74	51.81	1:52.46	3:58.15	8:17.69	15:50.53	26.34	56.86	2:03.90	29.20	1:03.09	2:15.86	25.31	55.68	2:02.71	57.12	2:05.00	4:25.14
	12	24.12	52.61	1:53.91	4:01.31	8:24.56	16:03.66	26.83	57.89	2:06.04	29.66	1:04.08	2:17.98	25.76	56.64	2:04.72	57.98	2:06.89	4:29.22
	11	24.50	53.40	1:55.36	4:04.48	8:31.44	16:16.78	27.31	58.93	2:08.18	30.12	1:05.08	2:20.10	26.20	57.60	2:06.73	58.85	2:08.78	4:33.31
A	10	25.48	55.55	2:00.07	4:14.57	8:51.98	16:55.95	28.36	1:01.18	2:13.05	31.33	1:07.71	2:25.63	27.24	59.79	2:11.63	1:01.31	2:13.99	4:44.55
	9	26.46	57.70	2:04.79	4:24.66	9:12.53	17:35.12	29.41	1:03.42	2:17.92	32.54	1:10.34	2:31.16	28.28	1:01.98	2:16.52	1:03.78	2:19.20	4:55.79
	8	27.44	59.85	2:09.50	4:34.75	9:33.07	18:14.29	30.46	1:05.67	2:22.79	33.74	1:12.97	2:36.69	29.32	1:04.17	2:21.42	1:06.24	2:24.41	5:07.02
	7	28.42	1:02.00	2:14.21	4:44.84	9:53.62	18:53.46	31.50	1:07.91	2:27.66	34.95	1:15.60	2:42.22	30.36	1:06.36	2:26.31	1:08.71	2:29.62	5:18.26
	6	29.39	1:04.15	2:18.92	4:54.93	10:14.16	19:32.64	32.55	1:10.16	2:32.54	36.16	1:18.24	2:47.75	31.40	1:08.54	2:31.21	1:11.17	2:34.83	5:29.50
B	5	30.37	1:06.29	2:23.64	5:05.03	10:34.71	20:11.81	33.60	1:12.41	2:37.41	37.36	1:20.87	2:53.27	32.44	1:10.73	2:36.11	1:13.63	2:40.05	5:40.74
	4	31.35	1:08.44	2:28.35	5:15.12	10:55.25	20:50.98	34.65	1:14.65	2:42.28	38.57	1:23.50	2:58.80	33.47	1:12.92	2:41.00	1:16.10	2:45.26	5:51.98
	3	32.33	1:10.59	2:33.06	5:25.21	11:15.80	21:30.15	35.69	1:16.90	2:47.15	39.78	1:26.13	3:04.33	34.51	1:15.11	2:45.90	1:18.56	2:50.47	6:03.21
	2	33.31	1:12.74	2:37.78	5:35.30	11:36.34	22:09.32	36.74	1:19.14	2:52.02	40.98	1:28.76	3:09.86	35.55	1:17.30	2:50.79	1:21.03	2:55.68	6:14.45
	1	34.29	1:14.89	2:42.49	5:45.39	11:56.89	22:48.49	37.79	1:21.39	2:56.89	42.19	1:31.39	3:15.39	36.59	1:19.49	2:55.69	1:23.49	3:00.89	6:25.69

男子 15~16歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	22.32	48.85	1:47.15	3:47.42	7:53.76	15:04.82	24.63	53.23	1:56.50	27.54	59.50	2:08.53	23.69	52.24	1:55.74	54.06	1:58.29	4:11.47
	14	22.65	49.54	1:48.36	3:49.61	7:58.85	15:14.55	25.00	54.01	1:58.06	27.91	1:00.30	2:10.08	24.05	53.00	1:57.22	54.72	1:59.75	4:14.22
	13	22.98	50.22	1:49.57	3:51.81	8:03.95	15:24.28	25.37	54.78	1:59.62	28.28	1:01.10	2:11.63	24.42	53.76	1:58.69	55.39	2:01.21	4:16.97
	12	23.31	50.91	1:50.78	3:54.01	8:09.04	15:34.01	25.74	55.56	2:01.18	28.65	1:01.89	2:13.18	24.78	54.52	2:00.17	56.06	2:02.68	4:19.72
	11	23.64	51.60	1:51.99	3:56.21	8:14.14	15:43.74	26.11	56.34	2:02.74	29.02	1:02.69	2:14.73	25.15	55.28	2:01.65	56.73	2:04.14	4:22.47
A	10	24.60	53.71	1:56.56	4:06.11	8:34.30	16:22.19	27.17	58.61	2:07.63	30.21	1:05.29	2:20.22	26.18	57.47	2:06.54	59.15	2:09.28	4:33.66
	9	25.57	55.82	2:01.13	4:16.01	8:54.47	17:00.65	28.23	1:00.87	2:12.53	31.41	1:07.89	2:25.70	27.22	59.66	2:11.44	1:01.58	2:14.43	4:44.85
	8	26.53	57.93	2:05.70	4:25.90	9:14.63	17:39.10	29.29	1:03.14	2:17.42	32.61	1:10.49	2:31.19	28.25	1:01.85	2:16.33	1:04.01	2:19.58	4:56.05
	7	27.50	1:00.04	2:10.27	4:35.80	9:34.80	18:17.56	30.34	1:05.40	2:22.32	33.81	1:13.09	2:36.67	29.29	1:04.04	2:21.23	1:06.43	2:24.72	5:07.24
	6	28.46	1:02.14	2:14.84	4:45.70	9:54.96	18:56.02	31.40	1:07.67	2:27.21	35.00	1:15.69	2:42.16	30.32	1:06.24	2:26.12	1:08.86	2:29.87	5:18.43
B	5	29.43	1:04.25	2:19.41	4:55.60	10:15.13	19:34.47	32.46	1:09.93	2:32.11	36.20	1:18.29	2:47.65	31.35	1:08.43	2:31.01	1:11.29	2:35.01	5:29.62
	4	30.39	1:06.36	2:23.98	5:05.50	10:35.29	20:12.93	33.52	1:12.20	2:37.01	37.40	1:20.89	2:53.13	32.39	1:10.62	2:35.91	1:13.71	2:40.15	5:40.81
	3	31.36	1:08.47	2:28.55	5:15.39	10:55.46	20:51.38	34.57	1:14.46	2:41.90	38.60	1:23.49	2:58.62	33.42	1:12.81	2:40.80	1:16.14	2:45.30	5:52.01
	2	32.32	1:10.58	2:33.12	5:25.29	11:15.62	21:29.84	35.63	1:16.73	2:46.80	39.79	1:26.09	3:04.10	34.46	1:15.00	2:45.70	1:18.56	2:50.45	6:03.20
	1	33.29	1:12.69	2:37.69	5:35.19	11:35.79	22:08.29	36.69	1:18.99	2:46.79	40.99	1:28.69	3:09.59	35.49	1:17.19	2:50.59	1:20.99	2:55.59	6:14.39

男子 17~18歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	21.44	47.28	1:43.97	3:41.97	7:42.82	14:43.93	23.63	51.16	1:51.96	26.53	57.32	2:04.40	22.80	50.45	1:52.28	52.18	1:54.19	4:03.

2022年度 水泳資格級表

女子 8歳以下	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	31.20	1:07.96	2:25.70	5:04.93	10:34.26	20:14.72	35.57	1:17.35	2:46.47	40.14	1:26.90	3:05.23	33.48	1:14.16	2:42.61	1:16.52	2:44.61	5:46.16
	14	32.41	1:10.56	2:31.21	5:18.24	11:03.00	21:07.03	36.89	1:20.15	2:52.64	41.44	1:29.94	3:12.02	34.73	1:17.38	2:49.56	1:19.26	2:50.53	5:59.08
	13	33.61	1:13.17	2:36.73	5:31.54	11:31.73	21:59.33	38.21	1:22.95	2:58.82	42.74	1:32.98	3:18.80	35.99	1:20.60	2:56.51	1:21.99	2:56.44	6:12.00
	12	34.82	1:15.77	2:42.25	5:44.84	12:00.47	22:51.63	39.53	1:25.75	3:04.99	44.04	1:36.03	3:25.58	37.24	1:23.82	3:03.46	1:24.73	3:02.36	6:24.91
	11	36.03	1:18.38	2:47.77	5:58.14	12:29.20	23:43.93	40.86	1:28.55	3:11.16	45.35	1:39.07	3:32.37	38.49	1:27.04	3:10.41	1:27.46	3:08.27	6:37.83
A	10	37.53	1:21.65	2:54.99	6:13.32	13:01.29	24:43.90	42.43	1:31.84	3:18.30	47.12	1:42.82	3:40.33	40.09	1:30.36	3:17.73	1:31.11	3:16.22	6:54.82
	9	39.02	1:24.93	3:02.20	6:28.50	13:33.38	25:43.86	44.00	1:35.13	3:25.44	48.90	1:46.57	3:48.28	41.69	1:33.69	3:25.06	1:34.76	3:24.17	7:11.81
	8	40.52	1:28.21	3:09.41	6:43.68	14:05.47	26:43.82	45.58	1:38.41	3:32.58	50.68	1:50.32	3:56.24	43.29	1:37.01	3:32.38	1:38.41	3:32.11	7:28.80
	7	42.31	1:32.16	3:18.32	7:00.74	14:40.91	27:51.45	47.40	1:42.18	3:40.69	52.94	1:54.78	4:05.37	45.24	1:40.44	3:40.08	1:42.98	3:42.09	7:49.87
B	6	44.10	1:36.11	3:27.23	7:17.79	15:16.35	28:59.07	49.22	1:45.96	3:48.79	55.20	1:59.24	4:14.50	47.19	1:43.87	3:47.77	1:47.54	3:52.06	8:10.93
	5	45.60	1:39.38	3:34.44	7:32.97	15:48.44	29:59.04	50.80	1:49.24	3:55.93	56.97	2:02.99	4:22.46	48.79	1:47.19	3:55.10	1:51.19	4:00.01	8:27.93
	4	47.10	1:42.66	3:41.65	7:48.15	16:20.53	30:59.00	52.37	1:52.53	4:03.07	58.75	2:06.74	4:30.42	50.39	1:50.52	4:02.42	1:54.84	4:07.95	8:44.92
	3	48.59	1:45.94	3:48.86	8:03.33	16:52.61	31:58.96	53.94	1:55.82	4:10.21	01:00.05	2:10.49	4:38.37	51.99	1:53.84	4:09.74	1:58.49	4:15.90	9:01.91
	2	50.09	1:49.21	3:56.08	8:18.51	17:24.70	32:58.93	55.52	1:59.10	4:17.35	01:02.33	2:14.24	4:46.33	53.59	1:57.17	4:17.07	2:02.14	4:23.84	9:18.90
1	51.59	1:52.49	4:03.29	8:33.69	17:56.79	33:58.89	57.09	2:02.39	4:24.49	01:04.1	2:17.99	4:54.29	55.19	2:00.49	4:24.39	2:05.79	4:31.79	9:35.89	

女子 9歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	29.59	1:04.43	2:18.29	4:50.09	10:02.99	19:14.83	33.09	1:11.97	2:34.88	37.12	1:20.35	2:51.29	31.61	1:10.01	2:33.51	1:12.12	2:35.13	5:26.23
	14	29.99	1:05.32	2:20.14	4:53.80	10:10.81	19:29.80	33.71	1:13.31	2:37.78	37.87	1:21.99	2:54.77	32.08	1:11.05	2:35.79	1:13.22	2:37.50	5:31.21
	13	30.40	1:06.20	2:21.99	4:57.51	10:18.63	19:44.77	34.33	1:14.66	2:40.68	38.63	1:23.62	2:58.26	32.54	1:12.09	2:38.06	1:14.32	2:39.87	5:36.20
	12	30.80	1:07.08	2:23.84	5:01.22	10:26.44	19:59.75	34.95	1:16.00	2:43.57	39.38	1:25.26	3:01.75	33.01	1:13.12	2:40.33	1:15.42	2:42.24	5:41.18
	11	31.20	1:07.96	2:25.70	5:04.93	10:34.26	20:14.72	35.57	1:17.35	2:46.47	40.14	1:26.90	3:05.23	33.48	1:14.16	2:42.61	1:16.52	2:44.61	5:46.16
A	10	32.81	1:11.43	2:33.05	5:22.67	11:12.58	21:24.46	37.33	1:21.08	2:54.70	41.87	1:30.95	3:14.28	35.15	1:18.45	2:51.87	1:20.17	2:52.50	6:03.39
	9	34.42	1:14.90	2:40.41	5:40.41	11:50.89	22:34.20	39.09	1:24.82	3:02.93	43.61	1:35.01	3:23.32	36.82	1:22.75	3:01.14	1:23.82	3:00.39	6:20.61
	8	36.03	1:18.38	2:47.77	5:58.14	12:29.20	23:43.93	40.86	1:28.55	3:11.16	45.35	1:39.07	3:32.37	38.49	1:27.04	3:10.41	1:27.46	3:08.27	6:37.83
	7	37.64	1:21.85	2:55.13	6:15.88	13:07.51	24:53.67	42.62	1:32.29	3:19.40	47.08	1:43.13	3:41.41	40.16	1:31.33	3:19.68	1:31.11	3:16.16	6:55.05
B	6	39.24	1:25.32	3:02.49	6:33.61	13:45.83	26:03.41	44.38	1:36.02	3:27.63	48.82	1:47.19	3:50.46	41.84	1:35.63	3:28.95	1:34.76	3:24.05	7:12.28
	5	40.85	1:28.80	3:09.85	6:51.35	14:24.14	27:13.14	46.14	1:39.75	3:35.86	50.55	1:51.25	3:59.51	43.51	1:39.92	3:38.22	1:38.40	3:31.94	7:29.50
	4	42.46	1:32.27	3:17.21	7:09.08	15:02.45	28:22.88	47.90	1:43.49	3:44.09	52.28	1:55.31	4:08.55	45.18	1:44.21	3:47.48	1:42.05	3:39.83	7:46.72
	3	44.07	1:35.74	3:24.57	7:26.82	15:40.76	29:32.62	49.67	1:47.22	3:52.33	54.02	1:59.37	4:17.60	46.85	1:48.50	3:56.75	1:45.70	3:47.71	8:03.94
	2	45.68	1:39.22	3:31.93	7:44.55	16:19.08	30:42.35	51.43	1:50.96	4:00.56	55.76	2:03.43	4:26.64	48.52	1:52.80	4:06.02	1:49.34	3:55.60	8:21.17
1	47.29	1:42.69	3:39.29	8:02.29	16:57.39	31:52.09	53.19	1:54.69	4:08.79	57.49	2:07.49	4:35.69	50.19	1:57.09	4:15.29	1:52.99	4:03.49	8:38.39	

女子 10歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	28.06	1:01.05	2:11.48	4:37.81	9:36.25	18:23.61	31.07	1:07.42	2:25.11	34.74	1:15.23	2:40.36	29.83	1:06.06	2:24.85	1:07.95	2:26.16	5:07.41
	14	28.57	1:02.18	2:13.75	4:41.90	9:45.16	18:40.68	31.74	1:08.94	2:28.37	35.54	1:16.94	2:44.00	30.42	1:07.38	2:27.74	1:09.34	2:29.15	5:13.68
	13	29.08	1:03.31	2:16.02	4:46.00	9:54.07	18:57.75	32.42	1:10.45	2:31.63	36.33	1:18.65	2:47.65	31.02	1:08.70	2:30.63	1:10.73	2:32.14	5:19.95
	12	29.59	1:04.43	2:18.29	4:50.09	10:02.99	19:14.83	33.09	1:11.97	2:34.88	37.12	1:20.35	2:51.29	31.61	1:10.01	2:33.51	1:12.12	2:35.13	5:26.23
	11	30.10	1:05.56	2:20.56	4:54.18	10:11.90	19:31.90	33.77	1:13.48	2:38.14	37.91	1:22.06	2:54.93	32.20	1:11.33	2:36.40	1:13.50	2:38.12	5:32.50
A	10	31.46	1:08.53	2:27.08	5:08.20	10:41.76	20:27.10	35.22	1:16.48	2:44.69	39.54	1:25.53	3:02.33	33.65	1:14.39	2:43.11	1:16.79	2:45.30	5:47.95
	9	32.82	1:11.49	2:33.60	5:22.22	11:11.62	21:22.30	36.67	1:19.48	2:51.23	41.17	1:28.99	3:09.72	35.10	1:17.44	2:49.82	1:20.08	2:52.47	6:03.40
	8	34.18	1:14.45	2:40.13	5:36.25	11:41.48	22:17.49	38.13	1:22.48	2:57.78	42.79	1:32.45	3:17.12	36.55	1:20.50	2:56.53	1:23.37	2:59.65	6:18.85
	7	35.54	1:17.41	2:46.65	5:50.27	12:11.34	23:12.69	39.58	1:25.48	3:04.32	44.42	1:35.91	3:24.51	38.00	1:23.55	3:03.24	1:26.66	3:06.83	6:34.30
B	6	36.90	1:20.38	2:53.17	6:04.29	12:41.20	24:07.89	41.03	1:28.49	3:10.87	46.05	1:39.38	3:31.91	39.44	1:26.61	3:09.95	1:29.95	3:14.01	6:49.75
	5	38.25	1:23.34	2:59.70	6:18.31	13:11.05	25:03.09	42.48	1:31.49	3:17.41	47.68	1:42.84	3:39.31	40.89	1:29.67	3:16.65	1:33.24	3:21.18	7:05.19
	4	39.61	1:26.30	3:06.22	6:32.33	13:40.91	25:58.29	43.93	1:34.49	3:23.96	49.31	1:46.30	3:46.70	42.34	1:32.72	3:23.36	1:36.52	3:28.36	7:20.64
	3	40.97	1:29.26	3:12.74	6:46.35	14:10.77	26:53.49	45.39	1:37.49	3:30.50	50.93	1:49.76	3:54.10	43.79	1:35.78	3:30.07	1:39.81	3:35.54	7:36.09
	2	42.33	1:32.23	3:19.27	7:00.37	14:40.63	27:48.69	46.84	1:40.49	3:37.05	52.56	1:53.23	4:01.49	45.24	1:38.83	3:36.78	1:43.10	3:42.71	7:51.54
1	43.69	1:35.19	3:25.79	7:14.39	15:10.49	28:43.89	48.29	1:43.49	3:43.59	54.19	1:56.69	4:08.89	46.69	1:41.89	3:43.49	1:46.39	3:49.89	8:06.99	

女子 11歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー		
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
AA	15	26.54	57.51	2:04.12	4:21.42	8												

2022年度 水泳資格級表

女子 13歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	25.71	55.77	2:00.32	4:13.34	8:40.80	16:37.42	28.29	1:00.83	2:10.86	31.78	1:08.93	2:27.04	27.13	1:00.00	2:11.33	1:02.32	2:14.07	4:42.31
	14	26.08	56.51	2:01.87	4:16.28	8:46.83	16:48.97	28.72	1:01.79	2:12.97	32.14	1:09.82	2:28.84	27.52	1:00.85	2:13.41	1:03.17	2:15.90	4:46.06
	13	26.45	57.25	2:03.41	4:19.22	8:52.86	17:00.52	29.15	1:02.74	2:15.08	32.50	1:10.72	2:30.64	27.90	1:01.70	2:15.50	1:04.02	2:17.72	4:49.80
	12	26.82	57.99	2:04.95	4:22.17	8:58.89	17:12.08	29.59	1:03.70	2:17.19	32.86	1:11.61	2:32.44	28.28	1:02.55	2:17.58	1:04.87	2:19.55	4:53.55
	11	27.19	58.73	2:06.49	4:25.11	9:04.93	17:23.63	30.02	1:04.65	2:19.30	33.23	1:12.51	2:34.24	28.67	1:03.40	2:19.66	1:05.72	2:21.38	4:57.30
A	10	28.30	1:01.17	2:11.74	4:36.14	9:27.36	18:06.99	31.26	1:07.22	2:24.80	34.68	1:15.51	2:40.60	29.89	1:06.04	2:25.23	1:08.48	2:27.31	5:09.82
	9	29.41	1:03.60	2:16.99	4:47.17	9:49.80	18:50.34	32.49	1:09.80	2:30.30	36.14	1:18.51	2:46.95	31.11	1:08.68	2:30.81	1:11.24	2:33.24	5:22.34
	8	30.52	1:06.04	2:22.24	4:58.19	10:12.24	19:33.70	33.73	1:12.37	2:35.80	37.59	1:21.50	2:53.31	32.33	1:11.32	2:36.38	1:13.99	2:39.17	5:34.86
	7	31.63	1:08.47	2:27.49	5:09.22	10:34.67	20:17.05	34.97	1:14.95	2:41.30	39.05	1:24.50	2:59.66	33.56	1:13.96	2:41.95	1:16.75	2:45.10	5:47.38
	6	32.74	1:10.91	2:32.74	5:20.25	10:57.11	21:00.41	36.20	1:17.52	2:46.79	40.51	1:27.50	3:06.02	34.78	1:16.59	2:47.52	1:19.51	2:51.03	5:59.89
B	5	33.85	1:13.35	2:37.99	5:31.28	11:19.54	21:43.77	37.44	1:20.09	2:52.29	41.96	1:30.50	3:12.37	36.00	1:19.23	2:53.10	1:22.26	2:56.97	6:12.41
	4	34.96	1:15.78	2:43.24	5:42.31	11:41.98	22:27.12	38.68	1:22.67	2:57.79	43.42	1:33.50	3:18.72	37.22	1:21.87	2:58.67	1:25.02	3:02.90	6:24.93
	3	36.07	1:18.22	2:48.49	5:53.33	12:04.42	23:10.48	39.92	1:25.24	3:03.29	44.88	1:36.49	3:25.08	38.45	1:24.51	3:04.24	1:27.78	3:08.83	6:37.45
	2	37.18	1:20.65	2:53.74	6:04.36	12:26.85	23:53.83	41.15	1:27.82	3:08.79	46.33	1:39.49	3:31.44	39.67	1:27.15	3:09.82	1:30.53	3:14.76	6:49.97
	1	38.29	1:23.09	2:58.99	6:15.39	12:49.29	24:37.19	42.39	1:30.39	3:14.29	47.79	1:42.49	3:37.79	40.89	1:29.79	3:15.39	1:33.29	3:20.69	7:02.49

女子 14歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	25.31	54.92	1:58.63	4:10.11	8:34.17	16:24.73	27.83	59.81	2:08.82	31.36	1:07.88	2:24.92	26.72	59.08	2:09.42	1:01.42	2:12.13	4:38.43
	14	25.71	55.77	2:00.32	4:13.34	8:40.80	16:37.42	28.29	1:00.83	2:10.86	31.78	1:08.93	2:27.04	27.13	1:00.00	2:11.33	1:02.32	2:14.07	4:42.31
	13	26.11	56.61	2:02.02	4:16.57	8:47.42	16:50.10	28.75	1:01.85	2:12.90	32.20	1:09.98	2:29.17	27.54	1:00.91	2:13.24	1:03.23	2:16.01	4:46.19
	12	26.51	57.45	2:03.71	4:19.81	8:54.05	17:02.79	29.21	1:02.88	2:14.95	32.62	1:11.04	2:31.29	27.96	1:01.83	2:15.16	1:04.13	2:17.95	4:50.07
	11	26.91	58.29	2:05.40	4:23.04	9:00.67	17:15.48	29.67	1:03.90	2:16.99	33.03	1:12.09	2:33.42	28.37	1:02.74	2:17.07	1:05.03	2:19.89	4:53.95
A	10	27.91	1:00.47	2:10.12	4:32.92	9:20.74	17:54.30	30.79	1:06.22	2:22.02	34.34	1:14.76	2:39.08	29.47	1:05.12	2:22.20	1:07.52	2:25.24	5:05.27
	9	28.91	1:02.65	2:14.84	4:42.79	9:40.82	18:33.12	31.91	1:08.54	2:27.05	35.64	1:17.43	2:44.73	30.57	1:07.49	2:27.33	1:10.00	2:30.59	5:16.60
	8	29.90	1:04.83	2:19.56	4:52.67	10:00.89	19:11.94	33.04	1:10.86	2:32.08	36.95	1:20.10	2:50.39	31.67	1:09.87	2:32.47	1:12.49	2:35.94	5:27.92
	7	30.90	1:07.01	2:24.28	5:02.54	10:20.96	19:50.76	34.16	1:13.18	2:37.11	38.26	1:22.77	2:56.05	32.78	1:12.24	2:37.60	1:14.97	2:41.29	5:39.25
	6	31.90	1:09.19	2:29.00	5:12.41	10:41.03	20:29.59	35.28	1:15.49	2:42.14	39.56	1:25.44	3:01.70	33.88	1:14.62	2:42.73	1:17.46	2:46.64	5:50.57
B	5	32.90	1:11.37	2:33.71	5:22.29	11:01.10	21:08.41	36.40	1:17.81	2:47.17	40.87	1:28.11	3:07.36	34.98	1:16.99	2:47.86	1:19.95	2:51.99	6:01.89
	4	33.90	1:13.55	2:38.43	5:32.16	11:21.17	21:47.23	37.52	1:20.13	2:52.20	42.17	1:30.78	3:13.02	36.08	1:19.37	2:52.99	1:22.43	2:57.34	6:13.22
	3	34.89	1:15.73	2:43.15	5:42.04	11:41.25	22:26.05	38.65	1:22.45	2:57.23	43.48	1:33.45	3:18.68	37.19	1:21.74	2:58.13	1:24.92	3:02.69	6:24.54
	2	35.89	1:17.91	2:47.87	5:51.92	12:01.32	23:04.87	39.77	1:24.77	3:02.26	44.78	1:36.12	3:24.33	38.29	1:24.12	3:03.26	1:27.40	3:08.04	6:35.87
	1	36.89	1:20.09	2:52.59	6:01.79	12:21.39	23:43.69	40.89	1:27.09	3:07.29	46.09	1:38.79	3:29.99	39.39	1:26.49	3:08.39	1:29.89	3:13.39	6:47.19

女子 15~16歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	24.93	54.14	1:57.17	4:07.48	8:28.77	16:14.38	27.42	58.88	2:07.08	30.99	1:06.87	2:22.93	26.33	58.21	2:07.70	1:00.55	2:10.26	4:34.85
	14	25.31	54.92	1:58.63	4:10.11	8:34.17	16:24.73	27.83	59.81	2:08.82	31.36	1:07.88	2:24.92	26.72	59.08	2:09.42	1:01.42	2:12.13	4:38.43
	13	25.69	55.71	2:00.09	4:12.73	8:39.57	16:35.07	28.24	1:00.73	2:10.56	31.74	1:08.88	2:26.91	27.11	59.96	2:11.14	1:02.29	2:14.00	4:42.01
	12	26.06	56.49	2:01.55	4:15.36	8:44.98	16:45.42	28.65	1:01.66	2:12.30	32.11	1:09.89	2:28.90	27.51	1:00.83	2:12.86	1:03.16	2:15.87	4:45.59
	11	26.44	57.27	2:03.01	4:17.98	8:50.38	16:55.77	29.06	1:02.58	2:14.04	32.48	1:10.89	2:30.89	27.90	1:01.71	2:14.58	1:04.03	2:17.74	4:49.17
A	10	27.44	59.44	2:07.72	4:27.84	9:10.42	17:34.53	30.18	1:04.91	2:19.09	33.78	1:13.54	2:36.50	29.00	1:04.07	2:19.69	1:06.49	2:23.03	5:00.39
	9	28.43	1:01.61	2:12.43	4:37.70	9:30.46	18:13.29	31.30	1:07.24	2:24.15	35.08	1:16.19	2:42.11	30.10	1:06.43	2:24.80	1:08.94	2:28.33	5:11.61
	8	29.43	1:03.79	2:17.13	4:47.56	9:50.50	18:52.06	32.43	1:09.57	2:29.20	36.39	1:18.84	2:47.72	31.20	1:08.78	2:29.91	1:11.40	2:33.62	5:22.84
	7	30.42	1:05.96	2:21.84	4:57.42	10:10.54	19:30.82	33.55	1:11.90	2:34.26	37.69	1:21.49	2:53.33	32.30	1:11.14	2:35.02	1:13.85	2:38.92	5:34.06
	6	31.42	1:08.13	2:26.55	5:07.29	10:30.58	20:09.58	34.67	1:14.23	2:39.31	38.99	1:24.14	2:58.94	33.40	1:13.50	2:40.14	1:16.31	2:44.22	5:45.28
B	5	32.41	1:10.30	2:31.26	5:17.15	10:50.63	20:48.34	35.80	1:16.57	2:44.37	40.29	1:26.79	3:04.55	34.49	1:15.86	2:45.25	1:18.77	2:49.51	5:56.50
	4	33.40	1:12.47	2:35.97	5:27.01	11:10.67	21:27.10	36.92	1:18.90	2:49.43	41.59	1:29.44	3:10.16	35.59	1:18.22	2:50.36	1:21.22	2:54.81	6:07.72
	3	34.40	1:14.65	2:40.67	5:36.87	11:30.71	22:05.87	38.04	1:21.23	2:54.48	42.89	1:32.09	3:15.77	36.69	1:20.57	2:55.47	1:23.68	3:00.10	6:18.95
	2	35.39	1:16.82	2:45.38	5:46.73	11:50.75	22:44.63	39.17	1:23.56	2:59.53	44.19	1:34.74	3:21.38	37.79	1:22.93	3:00.58	1:26.13	3:05.40	6:30.17
	1	36.39	1:18.99	2:50.09	5:56.59	12:10.79	23:23.39	40.29	1:25.89	3:04.59	45.49	1:37.39	3:26.99	38.89	1:25.29	3:05.69	1:28.59	3:13.39	6:41.39

女子 17~18歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー		
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
AA	15	24.48	53.12	1:55.35	4:04.42	8:22.34	16:02.08	26.91	57.72	2:04.76								